

ALLERGY HEALTH QUESTIONNAIRE

The following information will help your physician in reviewing your personal health, family history, and your current health habits. This will be kept in strict confidence and made part of the medical record. **Please give it to your physician at the time of your appointment.** Thank you for your consideration.

Last Name:..... First Name:.....
 Date of Birth:..... Home Phone Number:.....

Social History

Place of Birth:.....
 Occupation:.....
 Briefly list current symptoms/complaints:.....

Personal History

Check any of the illnesses/medical conditions that you have had.

- | | | | | |
|---|---|---|--|--|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart attack/angina | <input type="checkbox"/> Depression | <input type="checkbox"/> Irritable bowel | <input type="checkbox"/> Heartburn/acid reflux |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Atopic Dermatitis/eczema | <input type="checkbox"/> Seizures | <input type="checkbox"/> Thyroid disease | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> High cholesterol | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Stomach Ulcers | <input type="checkbox"/> Hiatal hernia | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Hay fever | <input type="checkbox"/> Colon polyps | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Stroke | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Anxiety | | | | |
| <input type="checkbox"/> Cancer: | | | | |
| <input type="checkbox"/> Other: | | | | |

List all surgeries/operations/hospitalizations:

<u>Type</u>	<u>Year</u>	<u>Hospital/City/State</u>
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.....
.....
.....
.....

Medications (list your current prescriptions and over-the-counter medications)

<u>Medication</u>	<u>Dose</u>	<u>How Often</u>	<u>Reason</u>
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Allergies (food, medication, latex, insect stings; if so, please describe the reaction e.g. rash)

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.....

Habits

- Current smoker # packs per day Number of years.....
- Former Smoker Quit Date Number of years.....
- Never Smoked

Review of Systems (Please mark all that apply)

General:

- Fevers
- Weight Loss
- Fatigue

Head, Eyes, Ears, Nose, Throat, Lymph nodes:

- Nasal congestion/Stuffy nose
- Sore Throat
- Swollen Eyelids
- Runny Nose
- Post Nasal Drainage
- Headache
- Itchy Nose
- Throat Clearing
- Itchy Ears
- Sneezing
- Itchy Eyes
- Plugged Ears
- Diminished Smell or Taste
- Dry Eyes
- Ringing in Ears
- Itchy Throat or Mouth
- Red Eyes
- Diminished Hearing

Respiratory System:

- Shortness of breath
- Wheezing
- Cough
- Chest tightness

Gastrointestinal System;

- Abdominal pain
- Heartburn
- Nausea
- Hematochezia (red blood in bowel movements)
- Constipation
- Vomiting
- Dysphagia (difficulty swallowing)
- Diarrhea

Skin:

- Hives
- Eczema/Atopic Dermatitis
- Swelling
- Pruritus (itching)
- Other.....

Family History

- | | | | |
|--|----------------|----------|----------------------------------|
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Father living? | Age..... | Present health or cause of death |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Mother living? | Age..... | |
| How many brothers living?..... | Present health | | |
| How many brother deceased?..... | Cause of death | | |
| How many sisters living?..... | Present health | | |
| How many sisters deceased?..... | Cause of death | | |
| How many children living?..... | Present health | | |
| How many children deceased?..... | Cause of death | | |

Do you know of any blood relatives who have or had the following? Please check and give relationship

- Asthma.....
- Allergic Rhinitis/Hay Fever.....
- Food Allergies.....
- Atopic Dermatitis/Eczema.....
- Thyroid Disease.....
- Other.....

Patient Signature
Date.....

Physician Signature.....
Date.....