

OSTEOPOROSIS PROJECT

"Early Intervention for Fracture Prevention and Building Better Bones for Life"

Goals;

- Identify patients with, or at risk for, osteoporosis-related ("fragility") fractures.
- Empower patients through education regarding fracture risk and prevention.
- Increase awareness in medical community of importance of risk factors, prevention, and treatment.
- Prevent fragility fractures

"Fragility Fracture" - fracture of the spine, ribs, shoulder, pelvis, hip or wrist resulting from a fall from standing height or less.

Procedure (inpatient)

- Identify fragility fracture - low energy fracture of the spine, pelvis, shoulder, hip, wrist or rib.
- Secretary
 - Print "fragility" packet in Formfast (Bone Health Orders, PCP Letter and Patient Teaching)
 - Place orders on chart
 - Fill in blanks on letter and send (mail or FAX) to PCP
- Physician - sign orders
- Nursing - provide patient teaching and handout

Procedure (outpatient - ED, ICC, UC)

- Send PCP letter
- Provide patient teaching and handout