

What to expect
after your
UroLift®
procedure



UROLIFT®

BPH Relief. In Sight.™

Congratulations on taking the step to improve your quality of life!

The UroLift[®] transprostatic implant is a clinically proven treatment for bothersome urinary symptoms associated with BPH. Please carefully review and follow these instructions.

General Expectations

Some men may experience discomfort after the procedure. You may have soreness in the lower abdomen, and it may be uncomfortable to sit. You may experience the need to urinate more frequently and with greater urgency. You may have some blood in your urine, including passing an occasional blood clot. These are all normal reactions to the procedure. Many of these symptoms will resolve in a week or two, but some may last up to four weeks – this is normal.

The following are some suggestions:

1. Have someone drive you home after the procedure.
2. Drink plenty of water.
3. Take your medication as prescribed.
4. Avoid strenuous activity for one week.
5. If you have a catheter placed into your bladder do not take a bath until it is removed, though you can take a shower.

Medications

Take the following medications as directed:

When taking pain medications, you may experience dizziness or drowsiness. Do not drink alcohol or drive when you are taking these medications.

If you are given an antibiotic to prevent urinary tract infection, it is important to finish all medications as directed.

Additional cautions:

**If you have a catheter placed, see instructions for Care of Catheter and Instructions for Self Removal of Catheter.*

Complications

You should contact your physician if you experience any of the following:

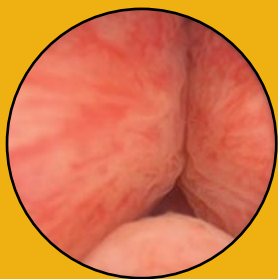
1. Temperature above 101.5° (taken by mouth).
2. Excessive urinary bleeding or bleeding from the penis.
3. Continuous bladder spasms.
4. Painful, swollen and/or inflated testicle(s) or scrotum.
5. Unable to void spontaneously or the indwelling catheter is not draining urine or is blocked.

Additional cautions:

IF YOU NEED IMMEDIATE ATTENTION, GO TO THE HOSPITAL EMERGENCY ROOM FOR TREATMENT. If your doctor suggests that you go to the emergency room or other facility for catheterization for inability to urinate, be sure to tell the facility personnel to use a Coudé (pronounced coo-day) tipped catheter.

Dear Caregiver,

Your loved one just had a UroLift® System procedure to treat his enlarged prostate. This is a disease that causes difficulties voiding urine. It is not prostate cancer. In this procedure small implants were delivered to reduce obstruction in his prostate and relieve urinary symptoms.



Pre-procedure



Post-procedure