

## Health Questionnaire

The following information will help your physician in reviewing your personal health, family history, and your current health habits. This will be kept in strict confidence and made part of the medical record. Please give it to your physician at the time of your appointment. Thank you for your consideration.

Last Name: ..... First Name: .....  
Date of Birth: ..... Home Phone Number: ..... Dated .....

### Social History:

Place of Birth ..... Religion .....  
Education (Highest Level) ..... Occupation ..... How Long .....  
Marital Status: Single ..... Widowed ..... Married ..... How Long ..... Unmarried/Partner .....  
Previous Marriage(s) ..... How Long .....  
Briefly List Current Symptoms/Complaints .....

### Personal History

Check any of the illnesses/medical conditions you have had.

- |   |  |  |  |  |
|---|--|--|--|--|
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Heart Attack/Angina | <input type="checkbox"/> Depression    | <input type="checkbox"/> Irritable Bowel | <input type="checkbox"/> Kidney Disease  |
| <input type="checkbox"/> Chronic Bronchitis | <input type="checkbox"/> High Blood Pres.    | <input type="checkbox"/> Epilepsy      | <input type="checkbox"/> Rectal Bleeding | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Emphysema          | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Headaches     | <input type="checkbox"/> Stomach Ulcers  | <input type="checkbox"/> Cancer          |
| <input type="checkbox"/> Hay Fever          | <input type="checkbox"/> Rheumatic Fever     | <input type="checkbox"/> Colon Polyps  | <input type="checkbox"/> Arthritis       | type . . . . .                           |
| <input type="checkbox"/> Pneumonia          | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Hemorrhoids   | <input type="checkbox"/> Diabetes        |  |
| <input type="checkbox"/> Tuberculosis       | <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Hiatal Hernia | <input type="checkbox"/> Other . . . . . |  |

List all surgeries/operations/hospitalizations:

<u>Type</u>	<u>Year</u>	<u>Hospital/City, State</u>
.....	.....	.....
.....	.....	.....
.....	.....	.....
.....	.....	.....

### For Women Only:

Number of Pregnancies .....	Number of Living Children .....
Number of Miscarriages .....	Number of Therapeutic Abortions .....
Number of Cesarean Births .....	Date of Last Period .....
Date of Last P&P Smear .....	Date of Last Mammogram .....

Medications (List your current prescriptions and over the counter medications) :

<u>Medication</u>	<u>Dose</u>	<u>How Often</u>	<u>Reason</u>
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....

Allergies (If so, please describe the reaction. e.g. rash) :

.....

Immunization History (List date of last immunization): Influenza Vaccine (flu shot) .....

Diphtheria/Tetanus ..... Pneumovax (pneumonia) .....

Other .....

Name .....
Patient ID# .....

Habits (Y = Yes, N = No)

- Cigarette Smoking? Y or N # packs per day? Number of years?
Smokeless Tobacco? Y or N How much/often? Number of years?
Quit Nicotine Use? Y or N When?
Alcohol Use? Y or N How much/often? How many years?
Quit Alcohol Use? Y or N When?
Caffeine Use? Y or N Type? How much/often?
Drug Use? Y or N Type? How much/often?
Exercise? Y or N Type? How often?

Review of Systems: (Please mark all that apply)

- General: Fevers Weakness Fatigue Malaise
Head, Eyes, Ears, Nose, Throat, Lymph nodes: Headaches Head trauma Visual loss or changes Sneezing
Double vision Deafness Nose bleeds Sore throat
Hoarseness of voice Neck swelling Neck stiffness Glaucoma
Tinnitus (buzzing or humming) Pain and/or drainage from ears
Photophobia (light bothers eyes) Nasal and/or sinus congestion
Swollen and/or painful lymph nodes
Respiratory System: Shortness of breath Wheezing Cough
Sputum/secretion production Hemoptysis (coughing up blood)
Cardiovascular System: Chest pain, discomfort, heaviness, tightness Palpitations
Shortness of breath with exertion Orthopnea (sleeping on two or more pillows)
PND (waking up short of breath) Leg swelling
Gastrointestinal System: Anorexia (poor appetite) Weight loss or gain Jaundice Abdominal pain
Nausea and/or vomiting Hematochezia (red blood in bowel movements)
Constipation or diarrhea Melena (black bowel movements) Dysphagia (difficulty swallowing)
Genitourinary System: Hematuria (blood in urine) Polyuria (urination of large volumes of urine)
Oliguria (infrequent urination) Nocturia (urination at night) Pyuria (cloudy urine)
Incontinence Frequency (frequent urination) Urgency (sensation to urinate)
Heavy menstrual flow Last menstrual period
Nervous System: Weakness/paralysis one side of body Pain and/or paresthesias (tingling or numbness)
Urinary and/or fecal incontinence (wet or soil underwear)
Memory loss, sleep disturbance, mood disorders (anxiety, depression)
Musculoskeletal System: Joint pain Muscle aches and pains Back pain
Dermatological System: Rash Pigmentation (Chg in color) Pruritus (itching) Bleeding or bruising
Mole changes Breast pain Breast lumps Changes in nipples

Family History

- Father Living? Y or N Age Present health or cause of death
Mother Living? Y or N Age
How many brothers living? Present Health
How many brothers deceased? Cause of Death
How many sisters living? Present Health
How many sisters deceased? Cause of Death
How many children living? Present Health
How many children deceased? Cause of Death

Do you know any blood relatives who have or had the following? Please circle and give relationship

- Asthma Migraines Arthritis
Tuberculosis Depression Diabetes
Heart Attack/Angina Suicide Attempt Thyroid Disease
High Blood Pres. Colon Polyps Cancer (type)
High Cholesterol Colitis Anesthesia Reaction
Stroke Ulcers Bleeding Problems
Epilepsy Other

Patient Signature Physician Signature
Date Date